

**The BECBC Business Support Group (BSG) is comprised of members who do business together, collaborate and cross sell services, whilst offering professional support services to other BECBC members.**

**Listed below are some of our BECBC BSG members:**

## Accommodation

---

**1692 Wasdale**      1692wasdale.co.uk  
*Brand new contemporary accommodation in a unique setting. 5 luxury en-suite, superKing bedrooms. Friendly, bespoke, discrete. 12 person meeting room available. Whole property options. Ample on-site parking, helicopter landing area.*  
Faith Newell    M: 07756 939202    faith@1692wasdale.co.uk



**Armathwaite Hall Hotel and Spa**      www.armathwaite-hall.com  
*Accommodation, conference and events venue – unique, privately owned, 4\* venue for any occasion with 46 bedrooms, 2 AA Rosette Lake View Restaurant and Courtyard Bar and Brasserie, 2 meeting/event rooms (2–200 delegates) and an onsite multi million pound spa.*  
Phillippa Fare, Business Development Manager    T: 01768 776551  
Phillippa.fare@armathwaite-hall.com



**Grisdales Estate Agents**      www.grisdales.co.uk  
*Residential Sales, Residential Lettings, Property Management, Property Investment, Mortgage Services, Surveys.*  
Rachel Ritson    T: 01946 693931    rachelritson@grisdales.co.uk



**The Trout Hotel**      www.trouthotel.co.uk  
*AA 4\* hotel accommodation with 49 rooms in Cockermouth.*  
Lorraine Barr    T: 01900 820850    lorraine.barr@trouthotel.co.uk



## Accountancy and Financial Services

---

**Armstrong Watson**      www.armstrongwatson.co.uk  
*Leading independent accountancy firm employing over 400 staff in 16 offices across Cumbria, Northern England and Scotland.*  
Richard Askew    T: 01900 310440  
richard.askew@armstrongwatson.co.uk



**Brewin Dolphin Limited**      www.brewin.co.uk  
*Our financial planners and investment managers will remove the complexity from managing your money enabling you to make the most of your wealth.*  
Tom Melling    T: 01768 861710    penrith@brewin.co.uk



**David Allen**      www.david-allen.co.uk  
*Providing accountancy, tax, financial planning and business support services to businesses in Cumbria, South West Scotland and further afield.*  
Amy Johnston    T: 01900 878000  
amy.johnston@david-allen.co.uk



## Accountancy and Financial Services *continued*

### Dodd & Co

www.doddaccountants.co.uk  
*Chartered accountants and business advisers – locally based and speaking your language! Our passion for all things financial will help build your business in Cumbria and beyond.*

Alison Johnston T: 01228 530913  
alison@doddaccountants.co.uk



### Gibbons Chartered Accountants

www.gibbonsaccountants.co.uk  
*We offer an extensive range of specialist accounting, financial and tax services to both businesses and individuals, tailored to your specific needs.*

Mark Stanger T: 01900 68311  
workington@gibbonsaccountants.co.uk



### Marubeni

Europe.marubeni.com  
*Japanese trading company dealing with trading and investments.*  
Daizo Oda T: 01925 833465 oda-d@marubeni.com



## Architects and Chartered Surveyors

---

### Day Cummins Limited

www.cumbriafoundation.org  
*Architects and Chartered Surveyors. Providing innovative design solutions and a professional RICS building surveying and property advice service across Cumbria*

Andrew West T: 01900 820700  
andy.west@day-cummins.co.uk



## Business Philanthropy Support Services

---

### Cumbria Community Foundation

www.cumbriafoundation.org  
*Providing bespoke philanthropic services to individuals, families and businesses and manages 90 grant making funds across Cumbria. Our expertise in supporting corporate philanthropy can help you fulfil your corporate social responsibility strategically and effectively. Strengthening the communities where you work, invest and live.*

Dr Jenny Benson T: 01900 825760  
jenny@cumbriafoundation.org



## Business Management Services

---

### Auditel

www.auditel.co.uk/purpleice  
*Auditel's business management specialists work with FDs, CEOs, and business owners to deliver new perspectives and insights that drive change and increase profitability, competitiveness and growth.*

David Hart T: 07941 711338  
david.hart@auditel.co.uk



**Business Management Services *continued***

**CBI  
(Confederation of  
British Industry)** [www.cbi.org.uk](http://www.cbi.org.uk)  
*CBI is the UK's most effective and influential business organisation, providing members the influence, insight and access needed to plan with confidence and deliver growth.*  
Alistair Westwood T: 07817 799181  
Alistair.westwood@cbi.org.uk



**Business Support**

---

**Lake Mill  
Consulting  
Services Ltd** [www.lakemillconsulting.co.uk](http://www.lakemillconsulting.co.uk)  
*Providing business support to companies covering data protection/GDPR, information security policies and procedures. With 30 years IT experience covering business systems, we can carry out process and system analysis to streamline your business.*  
Lorraine Millican M: 07789 658231  
lorraine@lakemillconsulting.co.uk



**Charitable Organisations**

---

**Calderwood  
House – Time to  
Change (West  
Cumbria)  
Project CIC** [www.calderwoodhouse.co.uk](http://www.calderwoodhouse.co.uk)  
*Calderwood House is an innovative way to tackle homelessness and poverty in West Cumbria. Our coffee van will support Calderwood House being sustainable going forward.*  
Rachel Holliday T: 01946 439312  
rachel.holliday@ttcwestcumbria.org



**Hospice at Home  
West Cumbria** [www.hospiceathomewestcumbria.org.uk](http://www.hospiceathomewestcumbria.org.uk)  
*Providing high quality palliative and end of life care and support to adults with life limiting conditions; family and bereavement support; specialist lymphoedema care. All our services are delivered free of charge, when and where they are needed.*  
Julie Monk (CEO) Julie.monk@hhwc.org.uk  
T: 01900 873173  
Hayley McKay (Head of Marketing & Income Generation)  
Hayley.mckay@hhwc.org.uk



**West Cumbria  
Carers** [www.westcumbriacarers.co.uk](http://www.westcumbriacarers.co.uk)  
*Local charity supporting unpaid Carers in West Cumbria.*  
Michelle McGibbon general@westcumbriacarers.co.uk



**Cleaning and Facility Management Services**

---

**Britton Hillary  
Ltd Contract  
Cleaning** [www.brittonhillary.co.uk](http://www.brittonhillary.co.uk)  
*Providing a range of Cleaning Services across Cumbria, delivered by our excellent team of dedicated staff. Our reputation is built on reliability, hard work and flexibility. Caring for our staff and clients is our number one priority.*  
Fiona Britton T: 016973 23393 M: 0750 5000 470  
fiona@brittonhillary.co.uk



**Cleaning and Facility Management Services *continued***

**CRS Facility Management**

www.crs-fm.com  
*Providing security, systems, cleaning and commercial grounds maintenance.*  
Brian Goulding T: 01946 813270  
brian@crs-fm.com



**Communication and Marketing**

---

**Blue Shadow Growth Agency**

www.blueshadow.agency  
*We map, activate and energise small business growth by planning and implementing tactics that deliver tangible results. Don't waste valuable time and money without a proper understanding of your customers and market. Contact Kate Armstrong in the first instance, our first consultation is free.*  
Kate Armstrong T: 01900 269840  
kate@blueshadow.agency



**Business Toolbox Cumbria**

www.businesstoolboxcumbria.co.uk  
*BTC offers tailored training and open courses in social media and marketing. We also offer web design, graphic design and a wide range of marketing services.*  
Kate Wilson T: 07970 898180  
kate@businesstoolboxcumbria.co.uk



**CFM Radio**

www.cfmradio.co.uk  
*Offering everything from mixed multi-media campaigns to promote your business, to corporate training. Being part of Bauer Media Group We Target 25-44 year olds, CFM delivers the perfect mix of music combined with witty, locally relevant banter, alongside essential news, travel and weather updates.*  
Laura Grearson laura.grearson@cfmradio.co.uk



**Flame Concepts Digital**

www.flameconcepts.com  
*Helping business in the UK & EU grow with websites, meeting/conference bookings, event ticketing, graphic design and communications. Helping you grow for less!*  
Steve Bishop T: 01900 268281  
steve@flameconcepts.com



**in-Cumbria**

www.in-cumbria.com  
*Dedicated business team, producing engaging content across in-Cumbria platforms; monthly business magazine, rolling online business news and daily AM news briefings.*  
Pam McLeod T: 01228 612237  
pam.mcleod@newsquest.co.uk



**Marick Communications**

www.marickpartners.co.uk  
*Marick offers creative services in communications, events, video production and design in a variety of sectors. Work with us and experience the Marick difference!*  
Janine Claber T: 0161 877 7693 janine@marickcommunications.co.uk



**Communication and Marketing *continued***

**Mercury Stone Ltd** [www.mercurystone.com](http://www.mercurystone.com)

*Mercury Stone provides specialist Strategic Marketing, Business Planning and Business Development support. We help clients improve their performance and win profitable new business.*

Marcus Mackay T: 01946 862255 [marcus@mercurystone.com](mailto:marcus@mercurystone.com)



**Stoneleigh Communications Limited**

[www.stoneleighcomms.co.uk](http://www.stoneleighcomms.co.uk)

*Stoneleigh Communications specialises in helping clients to find the right words and tell their stories to the right people in the right way.*

Sally Seed T: 01539 624732 [sally@stoneleighcomms.co.uk](mailto:sally@stoneleighcomms.co.uk)



**Zeitgeist Communication Ltd**

[www.zeitgeistcomms.com](http://www.zeitgeistcomms.com)

*Strategic marketing communication and PR. 25 years' experience serving Fortune 500 High-Tech companies and charities. We offer communication and marketing strategy development, media relations, social media, design, content creation, editorial and tailored leadership communications training.*

Jutta Devenish T: 07824 897976 [jutta.devenish@zeitgeistcomms.com](mailto:jutta.devenish@zeitgeistcomms.com)



**Conference and Events Venues**

---

**Energus**

[www.energus.co.uk](http://www.energus.co.uk)

*Energus is a contemporary, conference, training, and events venue with a fully licensed bar, state of the art facilities and in house catering services offering bespoke menus.*

Faye Temple T: 01900 609165 [fayetemple@energus.co.uk](mailto:fayetemple@energus.co.uk)



**Construction/Project Management and Consultancy**

---

**Crux Associates** [www.cruxassociates.co.uk](http://www.cruxassociates.co.uk)

*Crux Associates is a Programme and project management consultancy. We offer a complete package of development solutions with expertise in civil and structural engineering design.*

Paul Crooks T: 01945 67182 M: 07713 564764

[paul@cruxassociates.co.uk](mailto:paul@cruxassociates.co.uk) / [susan@cruxassociates.co.uk](mailto:susan@cruxassociates.co.uk)



**HKA**

[www.hka.com](http://www.hka.com)

*Programme Performance; Commercial; Risk Management; Dispute Avoidance/Management/Resolution; Adjudication; Contractual Advice; Contract Drafting; Claims Preparation/ Appraisal/Defence; Seminars and Training; Forensic Technical Analysis; Delay and Disruption Analysis; Quantum Analysis.*

Helen Walker T: 01946 595834 [HelenWalker@hka.com](mailto:HelenWalker@hka.com)



**Missioncx Limited** [www.missioncx.co.uk](http://www.missioncx.co.uk)

*A specialist nuclear commissioning company, engaging high calibre industry professionals to provide specialist consultancy services, commissioning delivery including management, procedures and our intelligent commissioning delivery system.*

Craig Baker T: 0800 002 9731 [craigbaker@missioncx.co.uk](mailto:craigbaker@missioncx.co.uk)



**Construction/Project Management and Consultancy *continued***

**Prima Uno  
Limited**

www.primauno.co.uk  
*Prima Uno is an award winning specialist project controls, risk, dispute resolution, portfolio, programme and project management consultancy. Quality Management Consultancy Service including implementation, audit and support of ISO 9001:2015 and ISO 44001:2017.*  
Sarah Purdham T: 01946 817209  
sarah.purdham@primauno.co.uk



**QG Management  
Standards**

www.qgstandards.co.uk  
*Cyber Essentials & GDPR Management Standard Accreditation Body, QG Management Standards, ISO Management Consultancy for ISO 9001, 14001, 18001 and 27001, HS&E on-line training.*  
Brian Lightowler T: 01228 631681  
info@qgbiz.co.uk



**TÜV SÜD Nuclear  
Technologies**

www.tuv-sud.co.uk  
*A specialist consultancy offering support to clients across the UK and European nuclear estate.*  
Chris Dempsey T: 01946 68489  
chris.dempsey@tuv-sud.co.uk



**Design and Creative Services**

---

**A Digital**

www.adigital.co.uk  
*A Digital are digital marketing specialists providing creative website design and development, digital strategy and communication focused on adding value and delivering a return on your digital investment.*  
Andrew Armitage T: 01539 720877  
hello@adigital.co.uk



**Design Code**

www.design-code.co.uk  
*A 3D design and digital fabrication company, producing innovative design solutions using the latest technology: Architectural models, exhibition displays, bespoke signage and commercial interior decor.*  
Zoe Crossan T: 01900 825080  
zoe.crossan@design-code.co.uk



**Firpress Printers**

www.firpressprinters.co.uk  
*Offering inhouse graphic design and professional printing.*  
Paul Williamson T: 01900 68141  
paul@firpressprinters.o.uk



**Metalwork  
Solutions UK Ltd**

www.metalworksolutionsuk.com  
*Experienced draughtsmen, fabricators and on-site fitters ready to design and fabricate most metal projects from industrial steel buildings, to the more bespoke secondary steel projects.*  
Vicky Jefferson T: 01228 599487  
vicky@metalworksolutionsuk.com



## Design and Creative Services *continued*

### TSP Design

#### Services

(a trading name of  
TSP Engineering)

[www.tsp-engineering.co.uk](http://www.tsp-engineering.co.uk)

TSP provides bespoke design services from pure mechanical challenges through fluid power, water systems, pipe-work layouts to electrical including SCADA, PLC programming and system upgrades.

Craig Kenyon (Business Development) T: 01900 68000  
[craig.kenyon@tsp-engineering.co.uk](mailto:craig.kenyon@tsp-engineering.co.uk)



### Wombat

#### Creative Ltd

[www.wombatcreative.co.uk](http://www.wombatcreative.co.uk)

Offering a full range of creative digital services including web design, digital and social media marketing. Helping clients structure their digital marketing strategy around their clients to maximise user engagement and ROI.

Fraser Hannah T: 01900 821628 [fraser@wombatcreative.co.uk](mailto:fraser@wombatcreative.co.uk)



## Financial Modelling and Analytical Services

### Kirsten Prosser

#### Financial Insights

[www.financial-insights.co.uk](http://www.financial-insights.co.uk)

Specialist financial modelling, analysis and strategic, commercial finance support to help your business make more robust, informed decisions with better results, greater confidence and lower risk.

Kirsten Prosser T: 07718 518019 [kirsten@financial-insights.co.uk](mailto:kirsten@financial-insights.co.uk)



## Health and Safety

### Arco Ltd

[www.arco.co.uk](http://www.arco.co.uk)

The UK's leading supplier of personal protective equipment, workwear, and workplace safety solutions, offering a world class range of products.

Sean Churchill and Nicola Potts T: 01900 604706  
[sean.churchill@arco.co.uk](mailto:sean.churchill@arco.co.uk) and [nicola.potts@arco.co.uk](mailto:nicola.potts@arco.co.uk)



### DMA Safety

#### Management Ltd

[www.dmasml.com](http://www.dmasml.com)

DMA work with businesses to help them improve health and safety, supporting them at all levels to implement systems and strategies leading to healthier and safer workplaces, no matter how large or small.

Elsa Mason T: 019467 25801 [info@dmasml.com](mailto:info@dmasml.com)



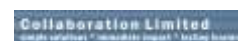
## HR and Business Psychology

### Collaboration Ltd

[www.collaboration.co.uk](http://www.collaboration.co.uk)

Long before 'collaboration' became a popular word in industry, we were designing, delivering and deploying bespoke behavioural change interventions. Does your organisation need one?

Brad Meyer T: 07984 205700 [bradmeyer@collaboration.co.uk](mailto:bradmeyer@collaboration.co.uk)



### de Fenzi

#### Movement

[www.defenzimovement.co.uk](http://www.defenzimovement.co.uk)

Helping business retain the right people for the right job by nurture and engagement through the provision of unique wellbeing packages using Hanna Somatic Education.

Karen Douglas de Fenzi T: 07515 884 640  
[karen@defenzimovement.co.uk](mailto:karen@defenzimovement.co.uk)



**HR and Business Psychology *continued***

**Lakeland Capabilities**

www.lakelandcapabilities.co.uk  
A Business Psychology consultancy, specialising in helping organisations to attract, select, develop and retain the right people. Offering a range of services including psychometrics, team and leadership development, dyslexia in the workplace and employee wellbeing.  
Joanne Chambers T: 07855 494378j  
oanne@lakelandcapabilities.co.uk



**IT Services and Equipment**

---

**3DW Technologies**

www.3dwebtech.co.uk  
Create comprehensive interactive 3D models to support planning and consultation activities primarily associated with wind farms, power lines, power stations and other major infrastructure projects.  
Andy Dennison T: 0161 942 9940  
andyd@3dwebtech.co.uk



**Logic Business Systems Limited**

www.logic-ltd.co.uk  
From our head office in Carlisle, Cumbria, we are leading the way in the supply of computer equipment, support and managed print services.  
Ian Boyd T: 01228 527676  
ianb@logic-ltd.co.uk



**M B Digital**

www.mbdigital.co.uk  
M B Digital is a local, specialist supplier and service provider of office printers and copiers, who offer unrivalled service support throughout Cumbria and beyond.  
Danny Askew T: 01539 731681  
Danny.askew@mbdigital.co.uk



**Mobetrics**

www.mobetrics.com  
Mobetrics is a mobile technology and app development company. We specialise in introducing businesses the opportunities that mobile and wearable technology offer them.  
Marc Morrison M: 07702 167815  
marc@mobetrics.com



**Information Security**

---

**Indelible Data**

www.indelible-data.co.uk  
Cyber Essentials Certification Body and Information Security Services including ISO 27001.  
Tony Wilson  
T: 016973 22468 M: 07773 080503  
tony@indelible-data.co.uk





## Legal Services

---

**Baines Wilson  
LLP**

[www.baineswilson.co.uk](http://www.baineswilson.co.uk)  
*Specialist business law firm, based in Cumbria, with significant experience of acting for local, national and international businesses in the nuclear sector.*  
Tom Scaife T: 01228 552600 t.scaife@baineswilson.co.uk



**Burnetts**

[www.burnetts.co.uk](http://www.burnetts.co.uk)  
*Specialist legal advisers for the nuclear supply chain with West Cumbria based experts in corporate law, HR and employment, commercial property and commercial dispute resolution.*  
Tracy Stainton T: 01900 510366 ts@burnetts.co.uk



**Cartmell  
Shepherd**

[www.cartmells.co.uk](http://www.cartmells.co.uk)  
*Our highly experienced business legal advice team, with an office in West Cumbria, advises all sizes of businesses in nuclear including on property, employment, contracts, business start-ups and disputes.*  
Joanne Stronach T: 01900 876123  
joanne.stronach@cartmells.co.uk



**Napthens  
Solicitors**

[www.napthens.co.uk](http://www.napthens.co.uk)  
*Leading regional law firm. Wide range of commercial services. Expertise in property, construction, procurement, employment & HR, corporate and commercial, IP, litigation.*  
James Allison T: 01539 760561 james.allison@napthens.co.uk



## Leisure and Tourism

---

**Beacon Museum  
(Copeland  
Borough Council)**

[www.thebeacon-whitehaven.co.uk](http://www.thebeacon-whitehaven.co.uk)  
*An award-winning museum, recognised as punching "well above its weight". Focusing on delivering education and lifelong learning around history, science and heritage.*  
Elizabeth Kwasnik T: 01946 592302  
Elizabeth.Kwasnik@copeland.gov.uk



**Rosehill Theatre  
and The Green  
Room Restaurant**

[www.rosehilltheatre.co.uk](http://www.rosehilltheatre.co.uk)  
*A professional theatre with a year round programme of excellent performing arts. Our 208 seat auditorium, foyer and meeting areas are available for hire. The Green Room restaurant can seat up to 60 people, and caters for all the needs of your event.*  
David Jane T: 01946 692422 david.jane@rosehilltheatre.co.uk  
To support the theatre: simon.walker@rosehilltheatre.co.uk



## Logistical Solutions

---

**Peterson (United  
Kingdom) Ltd**

<https://energylogistics.onepeterson.com/en>  
*We deliver integrated logistics solutions to the energy sector, setting industry-leading standards in safety, quality control, logistics support and related activities.*  
Jason Hendry, Director – North of England T: 07464 546964  
jhendry@onepeterson.com



## Membership Organisation

---

### NEPIC

[www.nepic.co.uk](http://www.nepic.co.uk)

*Award winning membership organisation for the chemical process industry and supply chain in the NE England. Privately-owned and led by industry, we work to support our member companies to become successful and sustainable organisations in a collaborative business environment that helps them to grow.*

Joanne Rout [joanne.rout@co.uk](mailto:joanne.rout@co.uk)



## NDT and Weld Inspection Services

---

### Responsive Ltd

[www.responsivendt.com](http://www.responsivendt.com)

*Responsive provides a specialist independent welding inspection, NDT and radiograph service including: Magnetic Particle Inspection (MPI), Dye Penetrant Testing (PT), Ultrasonic Testing (UT), X & Gamma Radiography Testing (RT), Phased Array (PA)*

Lee Grears, MD T: 01946 372220 ext 1008

M: 07949 695625 [lee.grears@responsivendt.com](mailto:lee.grears@responsivendt.com)

**Responsive**



## Office Furniture

---

### Heatons mbi

[www.heatons.net](http://www.heatons.net)

*Successfully furnishing businesses of Cumbria and beyond Call to discuss your project, budget and deadline.*

Elaine Fewtrell, Regional Manager

T: 01768 890440 M: 07968 857194 [elaine.fewtrell@heatons.net](mailto:elaine.fewtrell@heatons.net)



furnishing your  
business

## Office Space

---

### The Vicky

### Cockermouth Ltd

[www.thevicky.co.uk](http://www.thevicky.co.uk)

*The Vicky Business Centre, shared office space for small businesses, start ups and home workers. Providing flexible memberships and a sociable relaxed working environment.*

Dave Bealt M: 07786 168781 [hello@thevicky.co.uk](mailto:hello@thevicky.co.uk)



## Photography and Filming

---

### Adamedia Film & Promotion

[www.adamediafilm.com](http://www.adamediafilm.com)

*High impact videos and short films: Marketing/Promotion, Stakeholder Awareness, and Aerial Survey. Unique capabilities: Aerial and Ground Filming, Pre and Post Production, Project/Programme Management.*

Keith Pearson T: 01946 841625 [keith@adamediafilm.com](mailto:keith@adamediafilm.com)



### PiXL – Photography by Linda Bussey

[www.pixlb.co.uk](http://www.pixlb.co.uk)

*Linda likes to photograph people from all walks of life and has experience within education, the NHS, ethnic communities, government departments, industry and editorial. Work is used across a variety of promotional platforms, from printed materials, web sites and social media.*

Linda Bussey T: 01697 472 755 M: 07725 598920

[lindabussey@me.com](mailto:lindabussey@me.com)



**Photography and Filming *continued***

**Will McAllister  
Photography**      [www.willmcallister.photography](http://www.willmcallister.photography)  
*Will is a commercial photographer based in Whitehaven, Cumbria; and takes advertising and promotional images for businesses throughout Cumbria, Northern England and Southern Scotland.*  
Will McAllister    T: 07734 669539  
[will@wmphoto.co.uk](mailto:will@wmphoto.co.uk)



**Recruitment**

---

**Capita Business  
Services**      [www.nuclearworks.co.uk](http://www.nuclearworks.co.uk)  
*The UK's No. 1 business process outsourcing (BPO) and professional services company, at the leading edge of redefining and transforming services.*  
Anna Crowe    [anna.crowe@capita.co.uk](mailto:anna.crowe@capita.co.uk)



**CLEARNORTH  
Recruitment**      [www.clearnorth.co.uk](http://www.clearnorth.co.uk)  
*CLEARNORTH are recruiters who specialise in exciting opportunities within the UK's Highly Regulated Sectors. We can assist with permanent and contract recruitment UK wide.*  
Davin Dhillon    T: 01946 372172    [contactus@clearnorth.co.uk](mailto:contactus@clearnorth.co.uk)



**MacArthur  
Recruitment**      [www.macarthurrecruitment.co.uk](http://www.macarthurrecruitment.co.uk)  
*Construction and engineering recruitment for Cumbria and surrounds. Delivering success for all, through relationships and partnerships.*  
Ewen Alcorn    T: 01768 800260    [ewen@macarthurrecruitment.co.uk](mailto:ewen@macarthurrecruitment.co.uk)



**System People**      [www.system-people.co.uk](http://www.system-people.co.uk)  
*System People have been working with local and national businesses for over a decade, supplying high quality recruitment solutions. Our success is based on a complete understanding of our client's needs.*  
Frankie Scott    T: 01946 760677    [Frankie.Scott@System-people.co.uk](mailto:Frankie.Scott@System-people.co.uk)



**The Tiny  
Recruiter**      [www.thetinyrecruiter.co.uk](http://www.thetinyrecruiter.co.uk)  
*Helping companies solve their recruitment challenges and providing people with the right tools to pursue their career dreams and aspirations.*  
Lisa Stanger    T: 07751 720375    [tinyrecruiter@outlook.com](mailto:tinyrecruiter@outlook.com)



**Recycling**

---

**West Coast  
Group**      [www.west-coast-group.co.uk](http://www.west-coast-group.co.uk)  
*Locally based waste licensed site offering recycling services including green municipal waste, plasterboard and grade A timber and the supply of biomass fuels, kiln dried logs, compost, aggregates and more.*  
Helen Ingham    T: 01946 328008    M: 07795 113434  
[info@westcoastcomposting.co.uk](mailto:info@westcoastcomposting.co.uk)



## Socio-Economic and Corporate Social Responsibility

---

### Gaiacene

www.gaiacene.com  
*We create and deliver Socio-Economics & CSR excellence for the Nuclear Renaissance. Our clients achieve business objectives, benefit communities/stakeholders and create social value. Free consultations.*  
Craig White T: 07896 739695craig.white@gaiacene.com



### Inspira Ltd

www.inspira.org.uk/corporate  
*A leading career management and personal development organisation. We offer employers and individuals bespoke CPD solutions and options to meet CSR targets, linking business with educational institutions.*  
David Leadbetter M: 07725678940 david.leadbetter@inspira.org.uk



### The Colourful North

www.thecolourfulnorth.co.uk  
*The Colourful North is committed to ensuring Social Innovation is the primary social issue of which West Cumbria is in desperate need of ensuring success. As The Colourful North is dedicated to restoring and reversing economically deprived areas of our community through Colourful adaptations by softening the industrial environment through socially inclusive artistic events.*  
Matthew Labourne T: 01946 695470 info@thecolourfulnorth.co.uk



## Training and Development (including Coaching and Mentoring)

---

### Acorn Coaching and Development

www.acorncoaching.com  
*Acorn Coaching and Development pragmatically improves performance in areas including Project Start-up, Culture Change and Leadership Performance, resulting in tangible changes and measurable business benefits.*  
Claire Longney T: 01539 741511  
claire@acorncoaching.com



### AS Business and Technical Solutions

www.alansmithson.co.uk  
*If you are a busy business owner with growth ambition, Business support including: coaching; diagnostics, strategic review and tactical business planning; business plans and cash flow forecasts; technical support.*  
Alan Smithson alan@alansmithson.co.uk



### Brathay Services Limited

www.brathay.com  
*Brathay People and Organisation Development supports leaders and teams to work more effectively, at strategic and operational levels.*  
Sulwen Roberts T: 07739 646157  
sulwen.roberts@brathay.com



### Business Doctors Cumbria

www.businessdoctors.co.uk/cumbria  
*Helping local business owners with growth ambitions to achieve their vision. We don't just coach - we get on the pitch!*  
Peter Fleming T: 07966 686112  
peterfleming@businessdoctors.co.uk





## Training and Development (including Coaching and Mentoring) *continued*

### Centre for Leadership Performance

[www.cforlp.org.uk](http://www.cforlp.org.uk)  
*The award winning Centre for Leadership Performance is a not-for-profit private limited company working to develop Cumbria's leaders for today and tomorrow through a range of innovative programmes.*  
Sarah Glass T: 01900 824822 [info@cforlp.org.uk](mailto:info@cforlp.org.uk)



### Collaborate Business Solutions

[www.collaboratebusinesssolutions.co.uk](http://www.collaboratebusinesssolutions.co.uk)  
*(website currently being re-designed) A dynamic HR and training consultancy offering bespoke solutions to support your organisation. Specialising in organisation design, development, leadership and management training programmes, psychometrics and coaching.*  
Louisa Scanlan T: 07802 791319  
[Louisa.scanlan@collaboratebusinesssolutions.co.uk](mailto:Louisa.scanlan@collaboratebusinesssolutions.co.uk)



### Derwent Hill

[www.derwenthill.co.uk](http://www.derwenthill.co.uk)  
*Providing professional leadership, teambuilding and management training and development programmes for industry. We work with your organisation to identify training needs and design innovative training solutions that add value to your business.*  
Matthew Ellis, Centre Director T: 017687 72005  
[derwent.hill@sunderland.gov.uk](mailto:derwent.hill@sunderland.gov.uk)



### Harrison Network

[www.theharrisonnetwork.co.uk](http://www.theharrisonnetwork.co.uk)  
*We help transform business performance through leadership, teamwork, culture and mindset. You get better results through positive people. We are professional coaches, facilitators, trainers; you can call us what you like, we are good at what we do.*  
Lucy Harrison M: 07766 546751  
[lucy@theharrisonnetwork.co.uk](mailto:lucy@theharrisonnetwork.co.uk)



### JOWSA Consulting Ltd

[www.jowsaconsulting.com](http://www.jowsaconsulting.com)  
*We help business to grow profitably by improving business processes, reducing operational waste, enhancing customer experiences and managing business change.*  
Lee Williams M: 07980 598746 [info@jowsaconsulting.com](mailto:info@jowsaconsulting.com)



### Kathryn Jackson Coaching

[www.kathrynjacksoncoaching.co.uk](http://www.kathrynjacksoncoaching.co.uk)  
*Supporting you to be the best you can be through authentic coaching. Helping you to realise your personal and professional goals to achieve your dreams.*  
Kathryn Jackson M: 07971 447367  
[kathryn@kathrynjacksoncoaching.co.uk](mailto:kathryn@kathrynjacksoncoaching.co.uk)



### KBC Ltd

[www.kbc-limited.com](http://www.kbc-limited.com)  
*Learning and development specialists offering nationally accredited qualifications, complete training packages and professional advice. Over 20 years experience providing training solutions to the nuclear sector.*  
Sharon Kennedy T: 01946 861195 [sharon@kbc-limited.com](mailto:sharon@kbc-limited.com)



**Training and Development (including Coaching and Mentoring) continued**

**Lakes College  
West Cumbria**

www.lcwc.ac.uk  
*Lakes College is the largest provider of Further and Higher Education and HE in West Cumbria, offering Apprenticeships, training and qualifications.*  
Victoria Morgan M: 01946 839300 victoriam@lcwc.ac.uk



**Lancaster  
University**

www.lancaster.ac.uk  
*Providing research and development expertise to SMEs supporting innovation and growth and programmes designed for manufacturing and engineering SMEs - transforming your productivity and working practices.*  
Stephen King / Pete Cornwall  
M: 07779 965574 / 07790 556143  
s.king7@lancaster.ac.uk / p.cornwall@lancaster.ac.uk



**NSAN**

www.nsan.co.uk  
*The 'go to' place for skills for nuclear – providing valuable, cost-effective and practical support.*  
Liz Hearnden, Operations Manager T: 07885 965894  
liz.hearnden@nsan.co.uk



**Red Pike  
Education**

www.redpikeeducation.com  
*Academic training and educational consultancy*  
James Kuechel T: 01900 63791  
jamesk@redpikeeducation.com



**SHN Training  
Services Ltd**

www.shntraining.co.uk  
*Safety training company accredited by Qualsafe Awards offering First Aid, Fire Safety, Manual Handling, Health and Safety and Food Hygiene courses.*  
Paul Seager T: 07885 915884 paul@shntraining.co.uk



**Sigma  
Management  
Development**

www.thinksigma.co.uk  
*Sigma provides training, consultancy and facilitation to improve business and project performance by working with organisations to embed collaborative working.*  
Paul Taylor T: 0118 977 1855  
paul.taylor@thinksigma.co.uk



**Supply Chain  
Cumbria**

www.supplychaincumbria.co.uk  
*Providing procurement and supply chain advice, support and training to help you maximize the value of your purchases and boost your profits.*  
Clare Farnworth T: 07771 874616  
clare@supplychaincumbria.com



**The Energy  
Coast UTC**

www.energycoastutc.co.uk  
*University Technical College delivering engineering excellence through innovative, technical focused education and training for 14-19 year olds in conjunction with industry partners.*  
Zoë Tweddle T: 01900 606446  
zoe.tweddle@energycoastutc.co.uk



## Training and Development (including Coaching and Mentoring) *continued*

### University of Cumbria

[www.cumbria.ac.uk/enterprise](http://www.cumbria.ac.uk/enterprise)  
*Access our diverse knowledge and expertise. Our portfolio of services are designed to boost your businesses – Research and Development, graduate recruitment, degree level apprenticeships, training.*  
[enterprise.services@cumbria.ac.uk](mailto:enterprise.services@cumbria.ac.uk)



## Workwear, PPE and Promotional Merchandise

---

### Cleanroom Supplies Ltd

[www.cleanroomsuppliesltd.com](http://www.cleanroomsuppliesltd.com)  
*We offer everything you need to protect your people or your environment. We supply disposable PPE and contamination control consumables.*  
Ian Sutherland T: 01768 896693  
[ian@cleanroomsuppliesltd.com](mailto:ian@cleanroomsuppliesltd.com)



### Liberty Work and Leisure Wear Ltd

[www.libertyworkandleisure.co.uk](http://www.libertyworkandleisure.co.uk)  
*Liberty are a supplier of company branded workwear, corporate suiting, PPE (Including hi-vis clothing and safety footwear) and branded promotional merchandise.*  
James Spark T: 01228 536751 [james@lwlw.co.uk](mailto:james@lwlw.co.uk)



For further information about the BECBC BSG group or to be listed in future BSG Capability Sheet editions, please contact: Hazel Duhy, BECBC Admin Manager  
[hazel.duhy@becbusinesscluster.co.uk](mailto:hazel.duhy@becbusinesscluster.co.uk) T: 016973 44905