

Little Lifers First Aid Ltd  
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## Introduction

Hi I am an Adult and Paediatric First Aid Instructor.

I offer paediatric first aid training to those working in early years environments who require a paediatric first aid certificate as outlined in the EYFS.

I also offer 2 hour first aid awareness classes to parents, grandparents carers of little ones.

These awareness classes are designed to give parents and carers the knowledge and confidence to deal with a first aid situation involving their baby or child.

I also deliver Flat Stan First Aid Workshops across Cumbria to children ages 4-11 as a basic introduction to first aid.

## Capabilities

Little Lifers First aid is able to deliver regulated paediatric first aid qualifications to those working in early years environments.

## Services

- Paediatric First Aid training
- First Aid Awareness classes for parents, carers of children.
- Flat Stan First Aid Workshops for children ages 4-11

**Contact Name:** Natalie Groggins, Adult and Paediatric First Aid Instructor